

Winter Classes Just for You!!

Raising Healthy Eaters will be taught by Maureen Buskirk, CFS educator, at the St. Peter's Lutheran Church meeting room in collaboration with the Witham YMCA on February 3rd at 6:30 p.m. until 8:00 p.m. Call the YMCA for cost & to pre-register. This class will give you specific information, recipes, information on the latest My Pyramid recommendations, and an opportunity to see preparation and taste some of the recipes.

What to Do When Your Income Drops! Maureen will be teaching this one hour class in the dining room of the Boone County REMC Community Building on the 4-H Fairgrounds on February 8th at 10:00 a.m. If you think you or any of those you know may experience this problem, if you think this happens at retirement, if you just want to be prepared for the unexpected then this is the class for you. You will work through what happens, know how to prepare for the worst, learn how to know where you are at now, and go home with a template for your own personal use. Call the Extension Office to pre-register by February 5th at 765-482-0750. No fee.

How to Avoid Indiana Scams If you think you are safe from scams, think again! Maureen Buskirk, CFS will teach a one hour class which will update you on current scams, give you hints on how to recognize the signs, and what steps to take if you suspect that you have become a victim. Call the Extension Office to pre-register for this class by February 5th at 765-482-0750. Class will be taught in the dining room of the Boone County REMC Community Building on February 8th at 11:00 a.m. No fee.